

- **East Waikiki Primary School is a ...  
FOOD ALLERGY AWARENESS  
SCHOOL**

**PURPOSE:**

- To provide a safe learning environment for all members of the East Waikiki Primary School community.
- To raise the awareness of all members of the community regarding severe allergies.

*This school acknowledges that due to food processing practices it is impractical to eliminate all allergens entirely from an environment where there is food.*

*Therefore we have opted to be a Food Allergy “Awareness” School.*

Advice from the Australian Society of Clinical Immunology and Allergy recommends minimizing the risk of food-induced anaphylaxis in schools by:

- Obtaining medical information.
- Education of carers.
- Practical strategies to avoid exposure to know triggers.
- Age appropriate education of children with severe food allergies.

- The Principal obtaining specific medical information from the family at the time of enrolling a student with a “food allergy” (i.e. an Anaphylaxis Action Plan being provided by a medical practitioner).

This will include:

- Clear photo of the child.
- Documentation of the allergic triggers.
- Documentation of the first aid response and prescribed medication.
- Identification and contact details of the doctor who has signed the action plan.

- Parents of all students in a class where there is a student with a severe “food allergy” being informed by a letter from the Principal.

They will be asked to:

- Not send peanut butter sandwiches to school or
- Other foods containing high levels of nut products.

In some circumstances it may be appropriate that a highly allergic child does not sit at tables where the food to which they are allergic is being served.

**PROMOTION**

*The Food Allergy Awareness Policy will be promoted by:*

- Parents and caregivers being informed via the Policy Pamphlet distributed to all families at the beginning of each year.
- New families to the school community being informed via the Enrolment Information Package.
- Staff being informed and provided with training opportunities in the treatment of anaphylaxis.
- Staff will be aware of specific students via photographs / information in staffroom, sickroom and in the classroom and roll books.
- Education, information and procedures being part of staff induction.
- The Deputy Principal being in charge of Epi-pens and medications (these treatments will be supplied by the parent / caregiver.
- Staff being required to take Epi-pens, medications and medical plans on any camps and excursions.
- Students being informed via teachers, letters and items in the newsletter.

## MANAGEMENT

*The Food Allergy Awareness Policy will be managed by:*

- Parents who have children with allergies will notify the school on enrolment.
- Parents and caregivers being encouraged NOT to send food to school with their child that contains ingredients which could cause allergies (peanut paste, Nutella, all nuts and cooking oil containing peanut oil, as well as foods containing nuts.
- No nut products to be included in food on special food days i.e. cakes, or in any cooking activities at school or on school camps.
- Staff supervising students eating at lunch time.
- Students being encouraged NOT to share food.
- Students being encouraged to wash hands before and after eating.
- Staff participating in training from Health department in understanding and dealing with Anaphylaxis (severe allergic reactions) as the need arises.

## Definition of Anaphylaxis

Anaphylaxis, or anaphylactic shock, is a systemic allergic reaction that can be fatal within minutes; either through swelling that shuts off airways or through a dramatic drop in blood pressure.

Policy to be reviewed every 1 – 2 years

*Policy updated November 2013*

# EAST WAIKIKI PRIMARY SCHOOL



# FOOD ALLERGY “AWARENESS” POLICY